

Community guide





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Summer Camp 2025 registration opens January 15, 2025.**

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Mayor's Message

Greetings, residents and friends of the Township of Guelph/Eramosa!

As we embark on another year of growth and community spirit, I am delighted to present the 2024/2025 edition of the Guelph/Eramosa Community Guide.

Reflecting on the past year, I am happy to announce the completion of our **Parks & Recreation Master Plan**. This comprehensive plan, shaped by the input of our residents and stakeholders, sets the course for the future of recreation in our Township. From enhancing existing facilities to exploring new opportunities, this plan ensures that Guelph/Eramosa remains a vibrant and active community for generations to come.



I also encourage you to explore the natural beauty of our Township by embarking on a hike along one of our many trails. Whether you choose the picturesque **Kissing Bridge Trail**, the serene **Marden Park** walking trails, the tranquil paths of the **Ignatius Jesuit Centre** of Guelph, or the numerous other trails within both **Rockwood and Guelph Lake Conservations**, you're sure to discover something truly special.

Throughout the summer months and into the fall, join us at Rockmosa Park for the lively **Rockwood Farmers' Market** on Wednesday evenings from June to October. Experience the vibrant atmosphere as you peruse local goods and indulge in delicious treats from our community vendors.

We hope you enjoyed this year's annual Township-run event, **Rockmosa's Party in the Park**. This exciting celebration featured children's activities, live entertainment, Dachshund races, food trucks, and so much more. It's a highlight of the summer season that you won't want to miss so mark your calendars for Thursday, July 31, 2025.

Looking ahead, we have an array of exciting events planned for 2025, including the **Ontario Pirate Festival**, the **Eden Mills Writers' Festival** and the renowned **Hillside Festival**. These gatherings showcase the rich culture and vibrant community spirit that define our township.

And when the weather turns cold, head indoors to the **Royal Distributing Athletic Performance Centre (RDAPC)** for Tot 'N' Play, a variety of programming, or a friendly game of Walking Soccer. With something for everyone, it's a hub of activity year-round.

Our **Rockmosa Older Adult Centre** continues to thrive, offering a variety of programs including pickleball, shuffleboard, walking clubs, gardening clubs, and informative seminars. It's a testament to our commitment to supporting residents of all ages and stages of life.

On behalf of Guelph/Eramosa Township Council and staff, I extend my warmest wishes for a happy and healthy start to Fall 2024. Thank you for your continued support and dedication to our wonderful community.

A handwritten signature in black ink, appearing to read 'Chris White', written in a cursive style.

Mayor Chris White
Guelph/Eramosa Township

GET Social, GET Connected!

Welcome to our vibrant community! As part of our commitment to keeping you informed and engaged, we invite you to connect with us through our social media platforms: Facebook, Twitter, Instagram, and our official website.

Why follow us? By staying connected, you'll be the first to know about local events, community updates, important announcements, and more. Your likes, shares, and comments help us reach more residents and make our Township an even better place to live.

Remember, if you have an issue or concern that needs Township attention, reaching out directly to our staff via phone or email is the most effective way to get assistance promptly. While we love seeing your interactions on social media, direct communication ensures your matter is addressed efficiently.

When engaging with us online, let's keep it positive! We value kindness and respect in all interactions. Whether you're sharing feedback or simply showing your support, your constructive input helps us serve you better.

Let's continue to build a strong and connected community together. Follow us today and be part of the conversation!



HYBRID MEETINGS

We're excited to introduce a new era of community participation with our hybrid Council and Committee meetings! These meetings combine the best of both worlds by offering in-person and virtual attendance options. Whether you prefer to join us in the council chambers or participate from the comfort of your home, you can now engage with your local government in a way that suits your schedule and preferences.



Why hybrid meetings? They enhance accessibility, allowing more residents to participate and contribute to important discussions that shape our community's future. Your insights and perspectives matter, and we want to ensure everyone has a voice.

To make sure we're delivering the best experience possible, we invite you to take part in our Hybrid Meeting Survey. Your feedback will help us improve our technology, processes, and meeting formats to better serve you. Look out for the survey link in your email or visit our website to share your thoughts.

Join us in embracing this exciting opportunity to connect and collaborate. Together, we can continue to build a Township that reflects the needs and aspirations of every resident.

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Bruce Dickieson
Ward 1 Councillor

P.O. Box 700
Rockwood, ON N0B 2K0
519-831-8828
bruce.dickieson@get.on.ca



Corey Woods
Ward 2 Councillor

P.O. Box 700
Rockwood, ON N0B 2K0
519-824-7377
corey.woods@get.on.ca

It has been an amazing spring with crops being a good 2 weeks ahead of schedule. Your council continues to encourage economic development and hosted a business breakfast in June that was well attended and informative.

Fife Road resurfacing has been completed. I would like to thank council and staff for their continued hard work and support! We are certainly privileged to live in such an amazing and diverse community. Please feel free to reach out with any questions or concerns and we will do our best to find solutions.

I'm so proud to be representing Ward 2 for all these years. Guelph/Eramosa is a great place to live, work and play. Let's keep taxes low, grow our business base and most of all, try and keep government as small as possible. People move out here to be left alone and enjoy themselves. Have a great fall and remainder of the year!





**Steven Liebig
Ward 3 Councillor**

P.O. Box 700
Rockwood, ON N0B 2K0
519-766-7108 (Cell)
steven.liebig@get.on.ca

It has been a wonderful term so far representing the people of ward 3 while keeping in mind the best interests of the Township as a whole. I've enjoyed conversing and working with so many people throughout the township including the Mayor, councillors and township staff. I truly believe that we are moving ahead in a positive way. I am excited to continue to work with the business community in changing the look and the future of the core. It has been great seeing businesses coming and growing in the area.

Whether you're walking the trails, playing pickleball, joining the tennis club, or enjoying the downtown lions park there are plenty of areas to enjoy. Please don't forget to check out the farmers market, party in the park, the Eden Mills Writer's Festival and many other events like that in abundance in our township - I look forward to seeing you out and catching up.

I will continue to serve you as your representative of Ward 3 with honesty and integrity. If you have any questions feel free to contact me.

Take care and enjoy Guelph / Eramosa - "Our Home"



**Mark Bouwmeester
Ward 4 Councillor**

P.O. Box 700
Rockwood, ON N0B 2K0
519-856-2127
mark.bouwmeester@get.on.ca

We are all truly blessed to call Guelph/Eramosa home – it really is a wonderful place to live, work and raise a family!

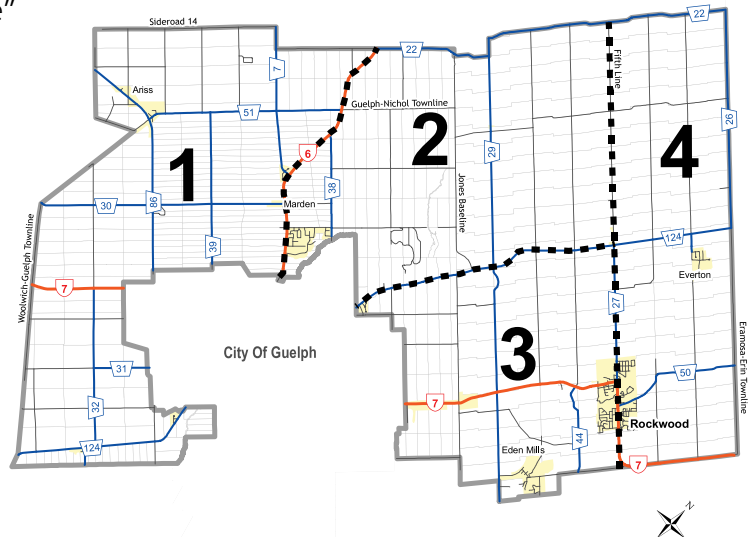
Whether it be improving traffic safety along our roads and streets, striving to create a more business friendly environment or introducing new services for residents, I welcome and encourage your input as we all work together to make our community better.

I'd like to remind everyone that the Rockwood Farmers Market operates every Wednesday from mid-June to mid-October. The Market is just one of the many reasons to visit Rockmosa Park, and we are excited to see what else is in store as we continue to enhance the Park with new features that all ages can enjoy.



As always, my goal is to represent your interests with integrity and devotion to the best of my ability. Please feel free to contact me to share your questions and ideas on how we can make our community an even better place to call home!

**TOWNSHIP OF
GUELPH/ERAMOSIA
Ward Electoral Boundaries**



Guelph/Eramosa Township Department Directory

<p>Township of Guelph/Eramosa 8348 Wellington Rd. 124 P.O. Box 700 Rockwood, Ontario NOB 2K0</p>	<p>Tel: 519-856-9596 Toll Free: 1-800-267-1465 Fax: 519-856-2240 www.get.on.ca General Inquiries: general@get.on.ca</p>	<p>Office Hours: Monday to Friday from 8:30 a.m. - 4:00 p.m. Urgent After Hours Service: 519-856-9596 ext. 150</p>
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ADMINISTRATION SERVICES

Chief Administrative Officer..... ext. 105
 Accessibility..... ext. 108
 Birth and Death Registration..... ext. 101
 Communications/Website..... ext. 125
 Council Meetings ext. 107
 Human Resources ext. 108
 Municipal Election..... ext. 125
 Civil Marriage Services..... ext. 101

ENFORCEMENT AND LICENSING

By-law Enforcement ext. 121
 Property Standards..... ext. 121
 Dog Licensing ext. 101
 Lottery Licensing ext. 107
 Marriage Licences..... ext. 101
 Parking ext. 121
 O.P.P. non-emergency contact..... 1-888-310-1122
 Guelph Humane Society..... 519-824-3091

PLANNING SERVICES

Planning and Zoning..... ext. 112
 Minor Variances ext. 112
 Letters of Compliance..... ext. 112

FINANCE

Property Tax Information ext. 102 or 103
 Accounts Receivable/Payable..... ext. 104
 Budgets and Finance Information ext. 111
 Water Billing and Meter Reading ext. 126

PUBLIC WORKS

Snow Plowing..... ext. 120
 Sewer and Water ext. 122
 Street Lights..... ext. 120
 Toilet Rebates..... ext. 122
 Roads & Ditches..... ext. 120
 Boulevard Trees ext. 120
 Sidewalks..... ext. 120
 Signs..... ext. 120

PARKS AND RECREATION

Parks Inquiries ext. 113
 Community Centres Bookings..... ext. 117
 Royal Distributing Athletic
 Performance Centre (RDAPC) 519-265-7905
 Active 55+ Programs ext. 139
 Rockwood Cemetery ext. 117

BUILDING SERVICES

Building Inquiries ext. 114
 Building Permits and Inspections ext. 114
 Septic Inspections ext. 114

FIRE AND PROTECTION SERVICES

Emergencies..... 9-1-1
 Fire Chief 519-546-7546
 Rockwood Fire Station..... 519-856-9637
 Open Air Burn Permit Inquiries ext. 101

REGIONAL SERVICES

County of Wellington 519-837-2600
 County of Wellington Solid Waste Services
 (Garbage & Recycling) 519-837-2601
 County of Wellington
 Social Services 519-837-2600
 Grand River Conservation
 Authority (GRCA)..... 519-621-2761
 Wellington Dufferin Guelph
 Public Health..... 1-800-265-7293
 Hydro One – Power Outages 1-800-434-1235
 Guelph Hydro – Power Outages
 In Rockwood Only 519-822-3010
 Ontario One Call
 (Call Before You Dig) 1-800-400-2255

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Winter Road Maintenance

SNOWPLOW ROUTES

The Public Works Department plans snowplow routes to ensure efficient snow removal. These routes prioritize main roads, emergency routes, and heavily trafficked areas.

1. **GPS Tracking:** All our snowplows are equipped with GPS tracking. This technology allows Public Works to monitor the location and progress of plows in real-time.
2. **Community Notifications:** Stay informed about snow plowing schedules and route updates through local newsletters, social media, or community bulletins.

SNOWPLOW SPEEDS

Our skilled snowplow operators are trained to maneuver safely through winter conditions while clearing snow effectively. Here's what you should know about snowplow speeds:

1. **Adaptability:** Plow operators adjust their speeds based on road conditions, traffic volume, and the density of parked cars. In residential areas and around schools, they may move more slowly to ensure safety. Speeds can be monitored by GPS in each plow.
2. **Safety Measures:** The primary goal is safety for both operators and residents. Please give plows plenty of space and avoid passing them unless it's safe to do so.

RESPECT SNOWPLOW OPERATIONS

Snowplow operators work diligently to clear our streets during winter weather events. To ensure their safety and the efficiency of their work, please remember:

1. Always maintain a safe distance from operating snowplows, whether you're on foot or driving. Their work requires them to maneuver in challenging conditions, and sudden stops or changes in direction may be necessary.
2. Passing a snowplow can be hazardous. Snowplows are large vehicles that may create a cloud of snow or slush that limits visibility. If you must pass, ensure there is enough space and visibility, and do so cautiously.
3. **Do Not Approach Moving Plows:** Never approach a moving snowplow on foot. The driver's visibility may be limited, and icy conditions can make it difficult to stop quickly.

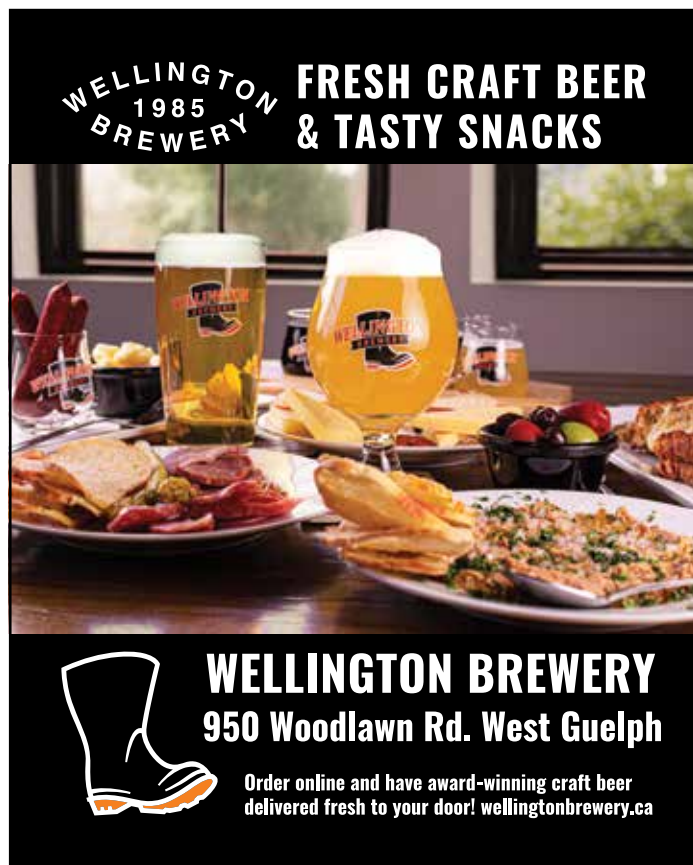
Contact Public Works: For information regarding snowplow routes, schedules, or to report concerns about snow removal, please contact our Public Works Department at 519-856-9596 ext 120 or roads@get.on.ca

SNOW EVENTS AND SIDEWALK PLOWING

During snow events, Public Works deploy sidewalk plows to clear snow and ice from sidewalks.

Please Note:

1. **Blue Box Placement:** To facilitate effective sidewalk plowing, we kindly request that residents refrain from placing blue boxes or any other obstacles on the sidewalks, on waste pick



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up days. These items can obstruct the path of the sidewalk plow, making it difficult to clear the snow completely.

2. **Alternative Placement:** Instead of placing blue boxes on the sidewalk, consider placing them on your driveway or at the edge of your property where they won't interfere with snow removal operations.

NEWS FLASH: NEW ONLINE ENTRANCE PERMIT REQUEST FEATURE

Exciting news for our community! We're thrilled to announce a new, user-friendly feature on our website that makes requesting entrance permits easier than ever before.

Introducing Automated Form Submission

Now, when you fill out the entrance permit request form on our website, the process is seamless and efficient. As you enter information about your property and measurements, the form automatically populates with relevant details. This not only saves you time but also ensures accuracy in your submission.

Direct Submission to Public Works

Once you've completed the form, it's automatically sent to our diligent Public Works Department for review. This streamlined process means your request reaches the right hands promptly, allowing for quicker processing and response times.

How to Access

To access the new entrance permit request feature, simply scan the QR and navigate to the permits section. You'll find the user-friendly form ready to assist you in requesting permits for driveways, entrances, or any other relevant needs.



Stay Connected

For more information or assistance with the entrance permit request process, please contact Public Works Department at 519-856-9596 ext 120 or roads@get.on.ca.

TRAFFIC AND SPEED

Ensuring the safety of our roads is a top priority for our township. That's why we regularly conduct traffic counts to monitor various aspects such as speed, vehicle types, and traffic patterns. This valuable data helps us make informed decisions aimed at enhancing road safety and improving the quality of life for everyone in our Township.

Dirty Details

519-831-5669

Auto Detailing
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Off-road Vehicles, Power-sports, Transport Trucks,
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Tornadoes

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HOW TO PROTECT YOURSELF:

When indoors: Go to your basement, away from any doors and windows, or take shelter under a heavy desk or table.

If you are outside: Lie down in a ditch or somewhere very low to the ground and cover your head.

Vehicles and mobile homes: Both are not safe places during a tornado. Find shelter in a building with a strong foundation or a low-ditch.

If you are in an office or apartment building:

- Take shelter in an inner hallway or room, ideally in the basement or on the ground floor.
- Do not use the elevator.
- Stay away from windows.

If you are out on the water:

Immediately make your way to shore.

If you live on a farm: Livestock hear and sense impending tornadoes. If your personal safety is not at risk, you may have time to open routes of escape for your livestock. Get yourself immediately to a safer location.

In all cases:

- Get as close to the ground as possible. Protect your head and watch for flying debris.
- Do not chase tornadoes. They can be deceptive and unpredictable and may change course abruptly.



WARNING SIGNS INCLUDE

- Severe storms, with frequent thunder and lightning.
- An extremely dark sky, sometimes highlighted by green or yellow clouds.
- A rumbling or whistling sound.
- A funnel cloud at the rear base of a thundercloud, often behind a curtain of heavy rain or hail.

HOW TO PREPARE NOW!

1. Gather in a safe room during a tornado like a basement, storm cellar, or room on the lowest floor with no windows.
2. Conduct a tornado drill to make sure everyone knows where to go if a tornado is coming.
3. Remove dead or rotting trees and branches that could fall and cause injury or damage.

A FEW FACTS ABOUT TORNADOES



- Tornadoes are rotating columns of high winds.
- They can move quickly, leaving a long, wide path of destruction. Other times, the tornado may be small, touching down here and there.
- Whether the tornado is large or small, they can uproot trees, flip cars and demolish houses. The force of the wind can make flying objects dangerous.
- Tornadoes usually hit in the afternoon and early evening, however they have been known to strike at night as well.



Looking to make changes to your property and not sure where to start?

We have you covered! Check out our online planning resources to help you find the information you need to start on your next project:

STEP ONE: IDENTIFY YOUR ZONING

Use the Township's Online Interactive Zoning Map to search your property address. Once you have located your property, either zoom in or click on your property to see the zoning designation.



Having trouble? Refer to the "How-to Guide" at the top of the webpage for directions on how to use the interactive mapping tool.

STEP TWO: REFER TO THE ZONING BY-LAW

Once you have identified the zoning, refer to the numbered and labelled Sections of the Zoning By-law, available online for a list of permitted uses and regulations for your property.



BUT WHERE DO I FIND REGULATIONS FOR A SHED OR OTHER ACCESSORY BUILDING/STRUCTURE?

Regulations for accessory buildings and structures can be found in Section 4 – General Provisions. See Section 4.2.1 to 4.2.5 for location, height and floor area requirements.

NEXT UP: DEVELOPMENT APPROVAL

Before you can move forward with your proposed changes, you must confirm whether Planning Approval is required and/or if you will need a Building Permit. In general, it is best to contact the Planning Department at planning@get.on.ca to discuss requirements if you are proposing anything beyond a single-family dwelling or an accessory use thereof (e.g. shed) or if you are not able to meet the zoning regulations and require relief.

Continued on page 14.



ROCKWOOD

TENNIS CLUB



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There's something for players of all ages and levels. Visit our website for more information and join the RTC today. www.rockwoodtennis.com

Continued from page 13. – Looking to make changes to your property and not sure where to start?

HOT TOPICS!
ACCESSORY RESIDENTIAL UNITS (ARU)

Looking to establish an accessory residential unit on your property? Refer to the Township’s Homeowner’s Guide for ARUs for more information on applicable requirements and regulations.



SEVERANCES

Severance and lot line adjustment applications are processed by the County of Wellington on behalf of the Township of Guelph/Eramosa. For an application to be considered, it must comply with the Township’s Zoning By-law, the County’s Official Plan, as well as any other applicable regulations and/or policies. For more information or to discuss your proposed severance, please contact the County at (519) 837-2600.

INTERESTED IN KNOWING MORE ABOUT DEVELOPMENT OCCURRING/PROPOSED IN THE TOWNSHIP?

More information on active development applications, such as Zoning By-law Amendments, Minor Variances, Telecommunication Towers, etc. can be found on the Townships “Current Planning Applications” webpage.



Note that this webpage only contains information on applications that have been deemed complete and are subject to public consultation. If you notice development occurring within your neighbourhood and would like to know more, contact the Planning Department at planning@get.on.ca.



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Ensuring Community Harmony: A Guide to By-law Enforcement in Guelph/Eramosa

INTRODUCTION

Our community prides itself on being a safe, clean, and welcoming place to live, work, and play. To maintain this standard, our By-law Enforcement Department plays a crucial role in upholding local regulations and ensuring everyone enjoys a high quality of life.

WHAT IS BY-LAW ENFORCEMENT?

By-law enforcement involves the application and upholding of local regulations designed to maintain public order, safety, and cleanliness. Our officer works diligently to address issues ranging from noise complaints to property standards and parking violations.

KEY AREAS OF FOCUS

1. **Noise Control:** Ensuring a peaceful environment by managing noise levels from residential, commercial, and industrial sources.
2. **Property Standards:** Maintaining the aesthetic and structural integrity of properties to enhance neighbourhood appeal and safety.
3. **Animal Control:** Promoting responsible pet ownership and addressing issues related to stray or aggressive animals.
4. **Parking Enforcement:** Regulating parking to ensure accessibility and safety for all residents and visitors.
5. **Public Health and Safety:** Enforcing regulations related to waste disposal, graffiti, and other public nuisances to keep our community clean and safe.

HOW YOU CAN HELP

Community involvement is key to effective by-law enforcement. Here are ways you can contribute:

- **Stay Informed:** Familiarize yourself with local by-laws available on our municipal website.
- **Report Issues:** If you notice any by-law violations, report them to our department promptly. Your reports help us address issues quickly.

- **Be a Good Neighbor:** Adhere to by-laws and encourage others to do the same. Simple actions like keeping your property clean and respecting noise levels can make a big difference.

REPORTING VIOLATIONS

To report a by-law violation, you can:

- Call our office at 519-856-9596
- Visit our website using the QR code



- For by-law complaints, visit our website through the QR Code to the left.

When reporting, please provide as much detail as possible, including the nature of the violation, the location, and any relevant photos or documentation.

AFTER HOURS AND WEEKEND ENFORCEMENT SERVICES

Enforcement services are only available during regular business hours. Vital Enforcement services such as Parking Enforcement, Noise Enforcement and Animal Control are available 24/7. If you require services after regular business hours, please contact:

Noise Enforcement

Ontario Provincial Police – 1-888-310-1122

Parking Enforcement

Ontario Provincial Police – 1-888-310-1122

Animal Control

Guelph-Humane Society – (519) 824-3091

CONTACT US

Have questions or need more information? Contact our By-law Enforcement Department:

- **Phone:** 519-856-9596 ext: 121
- **Email:** bylaw@get.on.ca
- **Office Hours:** 8:30 AM to 4:00 PM

Private Plumbing Systems

PLUMBING SUPPLY LINES

Virtually all draining fixtures feature a water-filled ‘P’ trap. This trap holds a few cups of water to prevent sewer gases from entering your home. If a sink, bathtub, or floor drain has not been used for an extended time, the water in the trap can evaporate. To re-establish a seal and keep sewer gases from entering your home, simply pour a few cups of water down the drain.

A blocked drain is the most common plumbing issue and can lead to a sewage back-up. If you experience a back-up from the main sewer line in the basement, contact a plumber, your insurer, and your municipality. Although rare, the issue may involve the municipal sewage system and will be beyond the control of a plumber.

What should I do if my sewers, drains, or fixtures are blocked?

To avoid the majority of drain blockage problems, do not pour fat, oil, wax, grease or any type of sediments (e.g. egg shells) into your home’s plumbing system. Also, do not dispose of flammable, noxious, or dangerous materials through the plumbing system.

When a plumbing trap is blocked, the trap can usually be separated from the plumbing and the obstruction removed. Otherwise, your home’s plumbing will include several cleanouts. Specific plumbing tools can use these cleanouts to remove a blockage.

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PRIVATE HOME BACKWATER VALVES

You should be aware if you have a backwater valve on your sewer line entering your house. The backwater valve has two basic parts, the protective flap, and a cleanout. The purpose of the protective flap is to only allow water to flow in one direction – out of your house, preventing municipal sewage from passing back through your pipes into your home.

If you aren’t sure if you have a backwater valve, look around your basement — backwater valves are usually located in the floor and have a cover that can easily be removed for maintenance.

A backwater valve is designed to keep your home protected for many years. By doing regular inspections and maintenance, you should be able to get 5-10 years out of your backwater valve.

PRIVATE SEWAGE TREATMENT SYSTEMS

Outside of municipalities, the home’s drainage system may carry sewage to a private, on-site sewage treatment system. If you have such a system, you must learn how to use it and maintain it properly.

Faulty systems create health hazards and contaminate the environment. A private sewage treatment system may require regular service by a professional.

Most systems are located some distance from the home and may have restrictions on what is placed or grown above or around them. Also, keep heavy construction equipment away from the septic tank and disposal system and keep all traffic off the system during the winter months.

Certain chemicals and products can alter the balance of bacteria and microbes that breakdown waste and should not enter your sewage treatment system.



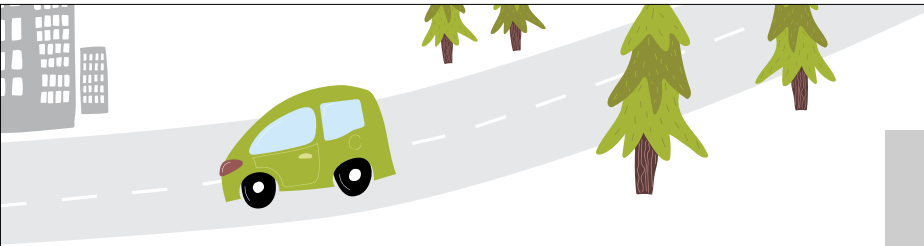
Go on a Local Food Adventure in Wellington County

Pick up a **free** copy of the **new Food Experience Guide** and **Local Food Map** at Wellington County Libraries, local businesses, or request one online.

www.tastereal.ca



Come out to the Fall Rural Romp on September 28!



Wellington County's Rural Transit Service

Operating Monday to Friday, 6:00 am to 7:00 pm, book a ride to or from any address in Wellington County and Guelph.

Visit www.ridewell.ca, get the app, or call 1.833.900.RIDE (7433) to register.



Alternate formats available upon request. [™]Official Mark of The Corporation of the County of Wellington.

www.ridewell.ca

Welcome to Your Building Department!

Welcome to the Township of Guelph/Eramosa Building Department! We're here to help make sure buildings in our community are safe and well-built. Whether you're starting a new construction project, fixing up your home, or have questions about property rules, we're here to guide you through it all.

WHY AND WHEN DO YOU NEED A BUILDING PERMIT?

A building permit is formal permission to begin a construction or demolition project. Building permits are necessary to ensure that construction methods meet the standards set out in the Ontario Building Code, Federal and Provincial regulations, and local by-laws. For more information regarding whether your work requires building permits and a comprehensive overview of permit requirements,



please use the QR code or call us anytime at 519-856-9596 ext. 114.

WHEN DO I NEED A BUILDING PERMIT?

You need a building permit for most construction projects, including new buildings, renovations, additions, and demolitions. It ensures that your project meets safety and quality standards.

Visit our website via the QR code to see a list of all construction that requires a building permit.



HOW DO I APPLY FOR A BUILDING PERMIT?

To apply for a building permit, you'll need to fill out an online application via the QR code using Cloudpermit. Cloudpermit allows applicants to apply for and check the status of their application anywhere, at any time. You can start an application and finish it later, receive email updates on the status of your permit application, and even request building inspections!



HOW LONG DOES IT TAKE TO GET A BUILDING PERMIT?

It typically takes between 10 to 30 business days depending on the proposed type and use of the building. Simple projects might be approved quickly, while larger or more complex ones may take several weeks. For more information, use the QR code.



WHAT HAPPENS IF I START CONSTRUCTION WITHOUT A PERMIT?

Starting construction without a permit is against the law. You may be required to stop work, pay fines, or even remove completed work if it doesn't meet regulations.

Visit

WWW.LDAWC.CA

for programming and event details

519-837-2050

DO I NEED A PERMIT FOR INTERIOR RENOVATIONS?

Yes, you typically need a permit for interior renovations that involve structural changes plumbing alterations, or changes to the building's use.

CAN I APPEAL IF MY PERMIT APPLICATION IS DENIED?

Yes, you can appeal the decision. Contact the Building Department for details on the appeal process and what information you'll need to provide.

WHAT ARE ZONING BY-LAWS?

Zoning by-laws regulate how land and buildings can be used in different areas. They cover things like building size, setbacks from property lines, and permitted uses. Use the QR code to access our Zoning By-law!



HOW CAN I FIND OUT ABOUT PROPERTY SETBACKS?

You can find information about property setbacks and other zoning regulations by contacting the Building Department or checking the zoning maps available online using the QR code or at the Township offices.



DO I NEED A PERMIT FOR A DECK OR FENCE?

Yes, you need a permit for most decks and fences. This ensures they're built safely and meet local regulations.

KNOW MORE ABOUT YOUR SEPTIC SYSTEM!

For a great resource on Septic Systems, please see the link below!

www.ontario.ca/page/septic-systems

REQUIRED INSPECTIONS

Every permit issued by the Township of Guelph/ Eramosa has a list of required inspections. It is the property owner's responsibility to ensure inspection requests are booked a minimum of 24 hours before the required inspection time.

Inspections can be requested through Cloudpermit to set up a date and time that works for you and the Building Department.

Our goal is to ensure safe structures for our residents, businesses, and visitors, while also striving to make the building process easier for you. If at anytime you require clarification or assistance, please contact building@get.on.ca or 519-856-9596 ext. 114.

Guelph Dance Classes

Ages 18 months - Adult





SCAN HERE

to register or
book a free trial!

PHONE: (519) 767-0646
 EMAIL: info@impactdancecomplex.ca
 LOCATION: 192 Nicklin Road, Guelph
 STUDIO WEBSITE: www.impactdancecomplex.ca



Discover How Your Fire Department Supports You!

Curious about what your Township of Guelph/Eramosa Fire Department does for you? Here's the scoop!

Our team of firefighters are there for you in all kinds of emergencies – from medical calls and fires to car accidents, rescues, and whenever the community needs a helping hand.

MEDICAL CALLS

Our crew includes trained Advanced Emergency Medical Responders who work side by side with paramedics to provide crucial care during medical emergencies.

Make sure your house number is visible, especially at night, so we can find you fast when you need us.

FIRES

If there's a fire, get out of your house or building right away – safety first!

Check your smoke alarms regularly to make sure they're working and practice a fire escape plan with your family.

AUTOMOBILE ACCIDENTS

Keep your eyes on the road and ditch the distractions – no texting and driving!

Never drive under the influence of alcohol or drugs – instead, find a safe ride home.

PUBLIC EDUCATION AND COMMUNITY EVENTS

We love spreading safety awareness! You might see us around at schools, clubs, and community events, sharing tips to keep everyone safe.



FIRE SAFETY INSPECTIONS

We conduct a variety of inspections to ensure everyone meets fire and life safety standards, including:

- Request Inspections: If you need an inspection for any specific concerns or needs, just let us know!
- Complaints: If you have any safety-related complaints, we're here to address them promptly.
- Routine Inspections: Regular checks to maintain our community's safety standards.

Your safety is our top priority!

SAVE THE DATE: 2025 FIRE DEPARTMENT ANNUAL OPEN HOUSE!

Come and connect with your local Firefighters, O.P.P., military personnel, and other community partners on May 10th, 2025! Witness a thrilling auto extrication demonstration and explore our Aerial Ladder Truck.

Have a blast spraying water from the tanker and learn how having working smoke and carbon monoxide alarms combined with a well-rehearsed fire escape plan can protect your family in case of a fire.



It's going to be a fantastic day filled with fun and valuable information, so save the date!

CLOSING MESSAGE

Join us in making Guelph/Eramosa a safer place with your Fire Department by your side!



Community Resource Contact Information

211 ASSISTANCE FINDING RESOURCES



A free helpline that connects you to services and programs in your area.
www.211ontario.ca



Adult Day Program – Offering social, cognitive and physical stimulation for older adults and those with different forms of dementia. Transportation, programming, meals and snacks provided.
Francesca: 519-833-0087

WELLINGTON DUFFERIN GUELPH PUBLIC HEALTH



Partners in government, public health and health care.
160 Chancellors Way, Guelph, ON.
1-800-265-7293
www.wdgpUBLICHEALTH.ca



New to You Thrift Store – Deals on books, name brand clothes, accessories and more!
143 Dennis Street, Rockwood, ON.
519-856-2113

EAST WELLINGTON COMMUNITY SERVICES

Food Bank – Guelph/Eramosa
143 Dennis Street, Rockwood, ON.
519-215-1468



Volunteer Opportunities – We have a variety of positions available for individuals wishing to connect and give back to their community.
Barb: 519-856-2113
www.eastwellingtoncommunityservices.com



Transportation – For Eligible Adults – Serving Guelph/Eramosa Township and the Town of Erin. Transportation to appointments, pick up prescriptions, groceries, etc. Wheelchair-accessible van is available. Two business days' notice is required.
Hours: 8:30 a.m. to 4:00 p.m.
519-856-2113

EAST WELLINGTON FAMILY HEALTH TEAM



Workshops available to patients and community members such as: diabetes and pre-diabetes, anxiety, better sleep, heart health, relaxation, Walk-Fit program, prenatal clinic, frailty clinic, stress management and more.

To register for workshops, please visit www.ewfht.ca or call 519-833-7576 ext. 362



Outreach Services – Assist with accessing supportive housing, completing and submitting rent geared to income applications, rent bank and rent subsidy programs. System navigation relating to health care, social services, legal/justice, government benefits and more.
Stephanie: 519-215-1468
Julia: 226-979-7308



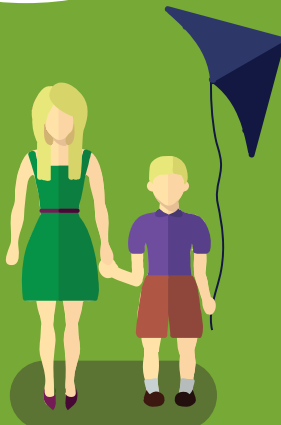
COMMUNITY SUPPORT PROJECTS

Party in the park!



Save the Date: July 31, 2025





Visit the website to
GET involved
in 2025!



Rockmosa Community Centre

110 Rockmosa Drive, Rockwood, ON, N0B 2K0

Located in the heart of Rockwood, the Rockmosa Community Centre is the perfect venue to host a wide variety of events ranging anywhere from family reunions and birthday parties to elegant weddings. With a maximum capacity of 300 people, this hall is the perfect space to host your next large event! The Rockmosa Community Centre features:

- 300-person capacity
- 3,600 ft² open concept room
- Raised performance stage
- Projector, screen & wireless microphone
- Podium
- Fully stocked catering kitchen
- Ample parking
- Air conditioning
- 8-foot rectangular tables
- 300 cushioned chairs
- Bar
- Fully accessible



Marden Community Centre

7368 Wellington Road 30, Guelph, ON, N1H 6J2

Located on the outskirts of Guelph, the Marden Community Centre is the perfect venue for smaller weddings and showers, business meetings, and family gatherings.

- 100-person capacity
- 1,438 ft²
- Fully stocked kitchenette
- Podium
- 8-foot rectangular tables
- 5-foot round tables
- 100 cushioned chairs
- Ample parking
- Air conditioning
- Bar
- Fully accessible
- Enabling Garden*
- Pavilions*

* Extra fees will apply for these spaces.



For more information or to book, please contact **519-856-9596 ext. 117** or

Rockmosa Older Adults Centre

121 Rockmosa Drive, Rockwood, ON, N0B 2K0

Located in the heart of Rockwood in Rockmosa Park, the Older Adults Centre is the ideal space for intimate gatherings or small meetings. This beautiful facility features:

- 30–40-person capacity
- Fully stocked kitchenette
- Television
- Gas fireplace for added ambience
- 6-foot rectangular tables
- 4-foot circular tables
- 6 card tables
- Chairs
- Availability limited to weeknights after 5:00 p.m. and weekends



Royal Distributing Athletic Performance Centre (RDAPC)

7384 Wellington Road 30, Guelph, ON, N1H 6J2

Surrounded by 64 acres of parkland, this state-of-the-art indoor facility features an artificial turf sports field, rubberized perimeter walking track, a multipurpose room, and a large spectator viewing area. This fantastic Centre features:

- 56,000 ft² facility
- Staff always on site when facility is open
- 210' x 120' turf sports field (rentals available)
- 210-meter 4-lane IAAF Certified Polyurethane Walking Track (single use, 10 time, annual memberships available)
- Fitness Classes
- Drop-In Programs (see page 34)
- Birthday Parties

A change of clean indoor shoes is mandatory for all track/field users.

For more information or to book the RDAPC, call 519-856-9596 ext 202 or email rdapc@get.on.ca



email hallrentals@get.on.ca. We look forward to hosting your next event.

THE BACKYARD

Do you love heading out to play yard games with your fellow retirees? Maybe some cards and coffee? Maybe toss around the frisbee and play some disc golf? Jumping on the success of our Tot 'N' Play program the RDAPC is moving to the opposite end of the age spectrum and holding a drop in program for older adults. This time kids get to play for free with a paying adult! Bocce, washer toss, disc golf, cards, board games, power walks and more!



TOT 'N' PLAY

Preschool age outdoor play on the inside! Enjoy the open space of a park on our indoor field through winter. Socialize, meet new friends and play with our hoola hoops, mazes, balance blocks, ride on cars and more.

FALL 2024 DROP IN SCHEDULE RDAPC

DAY	ACTIVITY	LOCATION	TIME	START DATE	FEE
Weekdays	Tot 'N' Play	RDAPC	8:30-12:00pm	Ongoing	\$5/child
Weekdays	Track	RDAPC	7:00am-9:00pm	September 3	\$2.50/time (memberships available)
Weekends	Track	RDAPC	11:00am-6:00pm	September 7	\$2.50/time (memberships available)
Monday	Open Field	RDAPC	7:00am-8:30am	October 21	\$6/person
Monday	Walking Soccer	RDAPC	9:30am-11:00am	Ongoing	\$6/person
Monday	Indoor Golf	RDAPC	12:30pm-3:30pm	October 21	\$8.65/bucket
Tuesday	Remote Control Flying	RDAPC	3:00pm-4:00pm	October 14	\$6/person
Wednesday	Open Field	RDAPC	3:30pm-5:00pm	November 6	\$6/person
Wednesday	The Backyard	RDAPC	8:30am-12:00pm	October 16	\$5/person
Thursday	Remote Control Flying	RDAPC	3:00pm-4:00pm	October 17	\$6/person
Friday	Open Field	RDAPC	7:00am-8:30am	October 18	\$6/person
Friday	Walking Soccer	RDAPC	9:30am-11:00am	Ongoing	\$6/person
Friday	Indoor Golf	RDAPC	12:30pm-3:30pm	October 18	\$8.65/bucket

Visit our website www.get.on.ca/rdapc to stay up to date on schedule changes and new programming.

The RDAPC requires a change of clean indoor shoes for participation in track use as well as all on field activities.

Older Adult Centre Drop-In Activities

DAY	ACTIVITY	LOCATION	TIME	START DATE	FEE
Monday	Pole Walking	Rockwood Conservation Area	9:30am-10:30am	All Year	NA
Monday	Pickleball*	Rockwood Tennis Courts	1:00pm-3:00pm	Sept. 9	NA
Tuesday	Shuffleboard	Rockmosa Community Centre	12:30pm-2:30pm	Sept. 17 No programming Sept. 24, resumes Oct. 1	\$2.00
Tuesday	Mah Jongg	Older Adult Centre	1:00pm-3:00pm	All Year	NA
Tuesday 3rd of the month	Photography Club	Older Adult Centre	7:00pm-9:00pm	All Year	Yearly Membership Fee \$53.09+HST
Wednesday	Pole Walking	Rockwood Conservation Area	9:30am-10:30am	All Year	NA
Wednesday	Bid Euchre & Cribbage	Older Adult Centre	10:00am-12:00pm	All Year	\$2.00
Wednesday	Pickleball*	Rockwood Tennis Courts	1:00pm-3:00pm	Sept. 4	NA
Wednesday	Darts	Older Adult Centre	1:00pm-3:00pm	All Year	NA
Thursday	Garden Club	Older Adult Centre Enabling Garden	11:30am-12:30pm	Starts April, ends Oct. 17	NA
Thursday	Euchre	Older Adult Centre	1:00pm-3:00pm	All Year	\$2.00
Thursday	Evening Pickleball	Rockwood Centennial School	6:30pm-8:30pm	Sept. 26	\$4.00
Friday	Lunch Bunch	Older Adult Centre	11:00am-2:00pm	All Year	\$5.00
Friday	Knitting Group	Older Adult Centre	2:00pm-3:00pm	Sept. 13	NA

*Pickleball moves from the Rockwood Tennis Courts inside to the Rockmosa Community Centre starting October 16. Inside Pickleball runs two sessions each day, requires pre- registration online, and has a \$2.00 Drop-In Fee. Please check our website for updated Pickleball schedules.

Drop-In programs DO NOT require pre-registration, except for indoor Pickleball



Michael Chong
Member of Parliament
Wellington - Halton Hills

A-190 St. David St. S.
Fergus ON N1M 2L3
519-843-7344

www.michaelchong.ca michael.chong@parl.gc.ca
866-878-5556




TED ARNOTT, MPP
Wellington-Halton Hills

Web: www.tedarnottmpp.com
Phone: 1-800-265-2366

FALL WORKSHOPS

OAC members rate is for participants who possess a paid membership with the Rockmosa Older Adult Centre. For more information regarding our Membership, please refer to our website. Please register in advance for all workshops and events. All workshops are subject to cancellation with insufficient registration. If cancelled due to low enrolment you will receive a full refund. Early registration is recommended to avoid cancellation.



Visit www.get.on.ca/fitness to create an account and register for programs.



For a full list of our workshops visit our website www.get.on.ca or sign up for our monthly newsletter by emailing programming@get.on.ca, calling 519-856-9596 ext. 139, or by dropping into the Older Adult Centre during our opening hours.

SPECIAL SERIES

Coffee and Conversation

Monday, September 23 - Tri City Bee Rescue

Monday, October 7 - Wellington County
Emergency Management Department

Monday, November 18 - Sara Novak
"Decluttering and Preparing for a Move"

Monday, December 9 - Rockwood Library
Brittany Shantz "Cell Phone Tips and Tricks"

Rockmosa Older Adult Centre
10:30am-12:00pm

FREE

Join us for coffee and conversation with local professionals to learn about their important roles in our community. This fall, connect with a Tri City Bee rescue, Wellington County Emergency Management Department, Sara Novak Professional Organizer, and the Rockwood Library.

Silver Screens

Tuesdays • 2:00pm-4:00pm

September 10 - Harriet

October 8 - Saving Mr. Banks

November 12 - War Horse

December 10 - A Christmas Carol

Rockwood Library Learning Room

FREE

Fit Minds with Chartwell

Tuesdays, October 22 - November 12

3:15pm-4:15pm

Rockmosa Older Adult Centre

FREE

Register by emailing aoreilly@chartwell.com

Fit Minds® is a weekly opportunity for participants to engage in stimulating social activities that improve their brain health. By participating in games and activities, seniors can boost their mental processes while still having fun.

COOKING CLASSES

Fall Favourites Cooking Class

with Emily Richards

Monday, September 16 • 11:00am-12:30pm

Rockmosa Older Adult Centre

\$33 +HST OAC Member, \$38 +HST Registration

Get ready to put these recipes on repeat for the fall! Emily Richards will share some of her favourite recipes perfect to get you ready for fall routines. French Onion and Mushroom Soup, Butternut Squash, Bacon and Vegetable Pizza and Roasted Cauliflower Pasta with Parmesan Hazelnut Crunch. With many make-aheads and in season vegetables you won't want to miss out on these tasty bites.

Holiday Favourites Cooking Class with Emily Richards

Tuesday, November 26 • 11:00am-12:30pm

Rockmosa Older Adult Centre

\$33 +HST OAC Member, \$38 +HST Registration

Celebrate the holidays with some heart warming food that can be made ahead to take the worries out of holiday business. Emily Richards will showcase some of her favourite Holiday time recipes that include Minestrone with Roasted Chestnuts and White Beans, Holiday Tourtiere and Deluxe Hazelnut Shortbread Bars.

Classic Indian Dishes Cooking Class with Chitra

Open to Ages 13+

Monday, October 21 • 6:30pm-8:00pm

Rockmosa Community Centre

\$50 +HST OAC Member, \$55 +HST Registration

Discover how to cook classic Indian dishes. In this cooking class you will learn the basics of Indian spices and learn how to make:

Paneer pakoras - Appetizers made with grated paneer chickpea flour, and spices.

Chicken vindaloo - tangy spicy and delicious curry.

Bombay aloo - simple curry made with sliced onion, potatoes and spices.

These curries will be served with some aromatic basmati rice. Recipe handouts will be given in the class and a sample of food cooked in the class will be shared as well. Bring containers for possible left overs.

Open 7 days a week



Breakfast



Lunch



Dinner



82 Wellington Rd 7, Elora
519-846-2636
www.thegorge.ca



SOCIAL EVENTS

"Welcome Back Fall Social" Apple Pie and Coffee

Monday, September 23 • 1:30pm-2:30pm

Rockmosa Older Adult Centre Enabling Garden

\$5.00 +HST

Let's welcome back the fall, AND enjoy the last days of summer in our Enabling Garden! Join us in the Garden for a warm slice of Apple Pie and Icecream!

Apple Cider and Trivia

Monday, October 21 • 10:30am-12:00pm

Rockmosa Older Adult Centre

\$5.00 +HST

Join us for a fresh cup of hot apple cider, treats and some fun and friendly games of trivia.

Euchre Tournament and Pizza Lunch

Thursday, October 31 • 12:00pm-3:00pm

Rockmosa Older Adult Centre

\$8.00 +HST Buy in

Join us for our fourth fun and friendly progressive style Euchre Tournament. \$8 buy in for your pizza lunch which we will enjoy prior to playing multiple games. Partners will rotate before the games begin. **Please register by October 28.**

Prizes for best costume!

Hot Chocolate and BINGO

Monday, November 4 • 10:30am-12:00pm

Rockmosa Older Adult Centre

\$5.00 +HST

Join us for some fun and friendly games of BINGO while you enjoy a sweet cup of hot chocolate!

Senior Christmas Lunch

Save the Date!

Thursday, December 5 • 12:00pm-2:00pm
Rockmosa Community Centre

Join us for lunch and entertainment to celebrate the holiday season. More information including cost and registration will be available in October. Please register early as there are only 60 spaces available.

Carols & Cookies

Thursday, December 19 • 10:30am-12:00pm
Rockmosa Older Adult Centre
\$5.00 +HST

Sing along to some of your favourite songs of the season and decorate some delicious cookies!

ART AND MUSIC WORKSHOPS

Sing a Long with Mary

Thursdays • September 19 - October 10
10:00am-11:00am
Rockmosa Older Adult Centre
FREE

Join Mary for a fun and casual sing a long group this fall. Group singing is a great way to support your mental health, as it regulates your breathing, increases your 'feel good' hormones, gives you a time to play, and brings you together as a group. No singing experience needed - just come out and have fun!



Rockmosa Strummers with Carolyn McLeod-McCarthy

Thursdays • September 19 - November 28
*no class October 31
7:00-8:30PM

Rockmosa Older Adult Centre
\$70 + HST OAC Member, \$75 + HST Registration

Led by instructor Carolyn McLeod-McCarthy, this program includes a lender ukulele and song sheets. Focus will be on the anatomy of the uke, finger positioning, and strumming. From there you will learn songs with the same chords and strumming patterns. Musical experience is NOT necessary to participate in the fun group, and all levels are welcome in this class that will show beginner to intermediate skills. Open to 18+!

Community Drumming with Mary

Thursdays • October 24 - November 28
10:00am-11:00am
Rockmosa Older Adult Centre
FREE

Join Mary and enjoy group Djembe drumming. Learn the basic skills of drumming on a Djembe and explore how group music making can build community. Djembes available to loan for free for the program.

Watercolours & More with Vita Keeling

Mondays • October 28 - December 2
1:00pm-3:30pm
Rockmosa Older Adult Centre
\$75 +HST OAC Member, \$79.98 +HST Registration

Discover the beauty of Watercolour Painting. Whether you are an absolute beginner or have already painted come and explore this beautiful medium. In a relaxed atmosphere and through step-by-step instruction, learn about different painting techniques, and explore possible media combinations with watercolour. Supply list can be found online at www.get.on.ca.

Autumn Wreaths with Monika

Tuesday, October 1 • 10:30am-11:30am

Rockmosa Older Adult Centre

\$25 +HST OAC Member, \$30 +HST Registration

In this workshop, we'll combine all the best parts of autumn into a beautiful wreath for your door! We'll use a selection of seed heads, dried flowers and a combination of fresh and dried foliage and autumn toned ribbons to form a beautiful piece of living art. Please register by September 25.

Christmas Card Making with Karen and Teresa

Tuesday, November 12 • 10:30am-12:00pm

Rockmosa Older Adult Centre

\$10 +HST

Personalize your Christmas Greetings with a hand made card. Various designs will be demonstrated, and each participant will be able to create and take home two cards. Please register by November 6.

Christmas Centerpiece with Monika

Monday, December 2 • 10:30am-11:30am

Rockmosa Older Adult Centre

\$20 +HST OAC Member, \$25 +HST Registration

In this workshop we'll be using fresh greens, pine cones, and other natural elements to build a beautiful centerpiece for your Holiday table. A few special picks will be available for you to add a little sparkle and shine to your arrangements as well.

WORKSHOPS WITH HOSPICE WELLINGTON

For all programs in partnership with Hospice Wellington, please register by:

Phone: 519-836-3921 ext 228

Email: info@hospicewellington.org

Caregiver Coffee Conversations

Tuesdays • 10:00am-12:00pm

September 10, 24, October 8, 22, November 5, 19, December 3, 17

Rockmosa Older Adult Centre

FREE

In partnership with Rockmosa Older Adult Centre, this group is for Caregivers caring for a loved one with a life limiting illness. It's an opportunity to meet other caregivers, learn ways to manage your stress, share their experiences, hear how others have met similar challenges and identify strategies for self-care. We will also have guest speakers and music therapy at different times through to December.

Music Therapy Group - Songs of our Lives - Weaving the Tapestry

Last Monday of the Month • 10:00am-11:30am

September 9, October 28,

November 25, December 16

Rockmosa Older Adult Centre

FREE

Join Certified Music Therapist Catherine for a music therapy group. Music offers a wonderful way of stepping through our lives, and of coming alongside one another as we explore memories and the feelings they evoke.

Navigating your Supports with Hospice Wellington

Tuesday, October 15 • 10:30am-11:30am

Rockmosa Older Adult Centre

FREE

This workshop will help you understand who does what when it comes to offering care in the community. It will help you identify who your supports are, how to advocate for yourself or the person you are caring for, and give you tools to map out these support systems in a clear way.

COURSE #	CATEGORY	CLASS	INSTRUCTOR	DAY	TIME	LOCATION	START DATE	# OF CLASSES	FEE
5291	Child	Baby Yoga	Lisa N	Monday	9:30 a.m.	MCC	Sept. 23	10	\$79+HST
5328	Child	Tot Yoga	Lisa N	Monday	10:30 a.m.	MCC	Sept. 23	10	\$79+HST
5333	12+	DDPY Rebuild	Marcel	Tuesday	1:00 p.m.	RDAPC	Sept. 23	10	\$79+HST
5343	12+	DDPY – Level 2	Marcel	Monday	6:00 p.m.	MCC	Sept. 23	10	\$79+HST
5329	12+	DDPY	Lisa	Monday	7:00 p.m.	MCC	Sept. 23	10	\$79+HST
5330	18+	Mom Yoga	Lisa N	Monday	8:00 p.m.	MCC	Sept. 23	10	\$79+HST
5349	Child	Tyke Yoga	Lisa N	Tuesday	4:30 p.m.	RDAPC	Sept. 26	10	\$79+HST
5341	Child	Parent & Youth Yoga	Lisa N	Tuesday	5:30 p.m.	RDAPC	Sept. 26	10	\$99+HST
5335	12+	DDPY	Marcel	Tuesday	6:00 p.m.	RDAPC	Sept. 24	10	\$79+HST
5423	18+	Full Body Fitness	Carly	Tuesday	6:00 p.m.	RCC	Oct. 1	10	\$79+HST
5427	18+	Flow with Grace	Carly	Tuesday	7:00 p.m.	RCC	Oct. 1	10	\$79+HST
5424	12+	DDPY Rebuild	Marcel	Wednesday	3:00 p.m.	RCC	Sept. 25	10	\$79+HST
5422	12+	DDPY	Marcel	Wednesday	4:00 p.m.	RCC	Sept. 25	10	\$79+HST
5338	18+	Stroller Fit – Sleepers	Megan	Wednesday	11:15 a.m.	RDAPC	Sept. 26	10	\$79+HST
5339	40+	Hot Flash	Megan	Wednesday	12:15 p.m.	RDAPC	Sept. 26	10	\$79+HST
5340	18+	Stroller Fit - Crawlers	Megan	Wednesday	1:15 p.m.	RDAPC	Sept. 26	10	\$79+HST
5351	Child	Parent and Child Yoga	Lisa N	Thursday	4:30 p.m.	RDAPC	Sept. 26	10	\$99+HST
5348	12+	DDPY	Marcel	Thursday	6:00 p.m.	RDAPC	Sept. 26	10	\$79+HST
5426	18+	Flow with Grace	Carly	Thursday	6:00 p.m.	RCC	Oct. 3	10	\$79+HST
5425	18+	Gentle Flow	Carly	Thursday	7:00 p.m.	RCC	Oct. 3	10	\$79+HST

RCC – Rockmosa Community Centre, 110 Rockmosa Drive, Rockwood, ON • **MCC** – Marden Community Centre, 7368 Wellington Road 30, Guelph, ON
RDAPC – Royal Distributing Athletic Performance Centre, 7384 Wellington County Rd 30, Guelph, ON

Register for programs at: www.get.on.ca/fitness 519-856-9596 ext. 139 (RCC Classes) programming@get.on.ca (RCC Classes) 519-265-7905 (RDAPC & MCC Classes) rdapc@get.on.ca (RDAPC & MCC Classes)

Practice all 4 types of exercise for the most benefit to your everyday life.



ENDURANCE

So you can play your favourite sports, dance the night away.



STRENGTH

So you can boost your immune system and keep your bones strong.



BALANCE

So you can improve your coordination and build better posture.



FLEXIBILITY

So you can prevent injuries and back pain.

Flow with Grace RCC

We will flow through our poses with grace, allowing us to connect with the breath creating some heat within. *** This class will involve getting up and down off the floor throughout the practice***

Modifications and advancements will be offered if needed.

Full Body Fitness RCC

A group fitness class designed to target all the muscles in the body. A mixture of strength, endurance and cardio can be adapted to all fitness levels.

Gentle Flow  **RCC**

This class offers a variety of movements in a more calming style of yoga. Using gentle stretches to mindfully ease into your poses as we start on our mats and then make our way up for some softer flowing standing poses.

*Recommended for: new or beginner yogis or individuals who want a lower impact flow.

Baby Yoga  **MCC**

(newborn to almost crawler, with one adult)

Explore dozens of yoga poses designed specifically to be enriching to your baby and to support developmental movement discoveries. Each class is filled with calming, nurturing ways to enhance bonding, aid baby's digestion and improve sleep patterns. Babies will enjoy yoga while on their backs, tummies or held in loving arms. For parents, this class is a special opportunity to meet other parents, get support and learn about baby's emerging personality. Most of the yoga we do in this class is for baby but, for parents, we always find time for some breathing and relaxation practice.

Tot Yoga  **MCC**

(able crawler to 24 months, with one adult)

These classes are creative, fun-loving, and active. Watch tots become more confident as they are encouraged and supported in their physical explorations. Your tot will playfully practice yoga poses with your assistance, while sitting, standing, walking, and jumping. This is a faster-paced yoga class because of the tots' newfound mobility and curiosity. Parents will still find time for quiet breathing and relaxation practice.

Tyke Yoga  **MCC**

(2 years to 4 years with one adult)

Yoga poses, songs, stories and games are combined to create an enriching parent/child activity. Help your tyke build the foundation for healthy and fit lifestyle while having fun! No yoga experience is required. This is a parent program, so you will be "showing and sharing."



Parent and Child Yoga  **MCC**

Classes are designed to engage, challenge, and delight children and their parents/caregivers. Developmental movement is the key to exploring each and every pose. Independent practice, partner poses, and group activities ensure that these classes are fun for all! No yoga experience is required. Mats and yoga props will be available; you are welcome to bring your own.

For all adult and child/youth classes above please bring comfy non-slip slippers.




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Your help is needed now more than ever! Children need your support after the impacts of the COVID-19 pandemic.

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SCAN ME

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For more information: 1-833-419-READ (7323)
info@strongstart.ca | www.strongstart.ca

Parent & Youth Yoga RDAPC

Ages 9 – 12

No matter the age of your kids, being a mom is an intense, busy, challenging, and incredibly rewarding experience. This yoga class is your opportunity to restore and reset your body and energy. Nurture yourself with gentle stretching and rest. Bring your questions and requests for practices that we can design together that will be uniquely useful for you in your day-to-day. Mats and yoga props will be available; you are welcome to bring your own.

Stroller Fit RDAPC

(Mother and Baby – Sleeper up to 6 months, Crawler 6+ months)

The focus is centered around regaining functional strength after pregnancy by utilizing the stroller as a fundamental tool. All fitness levels are welcome, newly postnatal participants should be cleared by their healthcare provider before starting.

Mom-Only Yoga MCC

No matter the age of your kids, being a mom is an intense, busy, challenging, and incredibly rewarding experience. This yoga class is your opportunity to restore and reset your body and energy. Nurture yourself with gentle stretching and rest. Bring your questions and requests for practices that we can design together that will be uniquely useful for you in your day-to-day.

Mats and yoga props will be available; you are welcome to bring your own.

Hot Flash RDAPC

This 50-minute class is tailored for women navigating perimenopause and menopause (roughly 40 years +). The focus is on maintaining and growing muscle mass, proactively strengthening the pelvic floor, and promoting bone density preservation. Through strength training movements, quick cardio intervals and multi-planar movements with gentle impact participants will learn to enjoy this phase of life and redefine the word hot flash!



You don't need wings to fly...

Season – September to March
 Tuesday and/or Thursday 5:30 to 7:00pm

Youth ages 5 to 18

Recreational to Elite Competitive

Skate rental available

TRY B4U JOIN

Ongoing all season

“Try B4U Join” Programs are ongoing throughout the season. Come out and give speed skating a try!

COME SEE SPEED SKATING FOR YOURSELF

November 2 and 3, 2024

Come out and watch our Cambridge Elite Meet... you might see future Olympians.



Visit our website.

Hespeler Arena • 640 Ellis Rd. • Cambridge

DDPY  MCC, RDAPC & RCC

DDPY workouts are uniquely designed to strengthen muscles, ligaments, and tendons while stabilizing core muscles, increasing flexibility, agility, and balance. You'll get a great cardio workout with minimal joint impact, and you'll do it at your pace. Our instructors are trained to help you work out at your own level.

DDPY Level 2  MCC

DDPY workouts are uniquely designed to strengthen muscles, ligaments, and tendons while stabilizing core muscles, increasing flexibility, agility, and balance. You'll get a great cardio workout with minimal joint impact, and you'll do it at your pace. In Level 2 workouts, you will continue to challenge yourself further with moves that are more difficult, but always with the option of modifying to suit you. This is a great class if you have done DDPY for a while and are ready to take it to the next level.



DDPY Rebuild  MCC & RCC

DDPY Rebuild is a unique program designed specifically for those 55 years and older and those who struggle with limited mobility. Through a progressive series of workouts, you'll build arms, legs, and core strength, increase flexibility, and decrease pain. This workout is the perfect starting point if you're injured or just haven't been active for a while or having trouble with balance or standing for long periods of time. You will start on a chair, then on your feet using a chair to assist you with balance.



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- Annual maintenance of treatment systems



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COURSE #	CLASS	INSTRUCTOR	DAY	TIME	LOCATION	START DATE	# OF CLASSES	OAC MEMBER FEE	FEE
5418	Bands and Bells – Progressive	Margaret	Monday	9:00 a.m.	RCC	Sept. 23	10	\$73+HST	\$79+HST
5417	Bands and Bells – Gentle	Margaret	Monday	10:00 a.m.	RCC	Sept. 23	10	\$73+HST	\$79+HST
5414	Rejuvenating Yoga (Gentle)	Rebecca	Tuesday	9:00 a.m.	RCC	Oct. 1	10	\$73+HST	\$79+HST
5437	Yoga (All Levels)	Rebecca	Tuesday	10:10 a.m.	RCC	Oct. 1	10	\$73+HST	\$79+HST
5331	Low impact Cardio and Muscle (Level 2)	Kathi	Tuesday	9:00 a.m.	RDAPC	Sept. 24	10	\$73+HST	\$79+HST
4277	Low impact Cardio and Muscle (Level 1)	Kathi	Tuesday	10:00 a.m.	RDAPC	Sept. 24	10	\$73+HST	\$79+HST
5334	Bands and Bells (Progressive)	Margaret	Tuesday	11:15 a.m.	RDAPC	Sept. 24	10	\$73+HST	\$79+HST
5332	Bands and Bells (Gentle)	Margaret	Tuesday	12:15 a.m.	RDAPC	Sept. 25	10	\$73+HST	\$79+HST
5420	Fit Hits the Fan! Gentle	Margaret	Wednesday	9:00 a.m.	RCC	Sept. 25	10	\$73+HST	\$79+HST
5419	Fit Hits the Fan! Progressive	Margaret	Wednesday	10:00 a.m.	RCC	Sept. 25	10	\$73+HST	\$79+HST
5346	Benefits of Bone Fitness	Glen	Wednesday	6:00 p.m.	RDAPC	Sept. 26	10	\$73+HST	\$79+HST
5347	Osteo Focused Bone Fitness	Glen	Wednesday	7:00 p.m.	RDAPC	Sept. 26	10	\$73+HST	\$79+HST
5415	Rejuvenating Yoga (Gentle)	Rebecca	Thursday	9:00 a.m.	RCC	Sept. 26	10	\$73+HST	\$79+HST
5416	Energizing Yoga (Progressive)	Rebecca	Thursday	10:10 a.m.	RCC	Sept. 26	10	\$73+HST	\$79+HST
5336	Abs Core and More	Glen	Thursday	9:00 a.m.	RDAPC	Sept. 26	10	\$73+HST	\$79+HST
5337	Fab, Fit and Fun	Glen	Thursday	10:00 a.m.	RDAPC	Sept. 26	10	\$73+HST	\$79+HST
5421	Low Impact Cardio and Muscle	Kathi	Thursday	11:30 a.m.	RCC	Sept. 26	10	\$73+HST	\$79+HST

Please visit www.get.on.ca/fitness for an updated listing of classes.

RCC – Rockmosa Community Centre, 110 Rockmosa Drive, Rockwood, ON

RDAPC – Royal Distributing Athletic Performance Centre, 7384 Wellington County Rd 30, Guelph, ON

Register for programs at:



www.get.on.ca/fitness

519-265-7905 (RDAPC & MCC Classes)
rdapc@get.on.ca (RDAPC & MCC Classes)

519-856-9596 ext. 139 (RCC Classes)
programming@get.on.ca (RCC Classes)

Practicing all 4 types of exercise provides the most benefit to your everyday life.



ENDURANCE

So you can climb steps, dance the night away.



STRENGTH

So you can lift groceries, carry grandchildren.



BALANCE

So you can prevent falls and related injuries.



FLEXIBILITY

So you can drive, get dressed.

Bands and Bells RDAPC & RCC (gentle and progressive classes)

This class begins with a cardio component, followed by a balance and strength segment and winds down with flexibility / stretching exercises. The instructor will adapt exercises to accommodate all fitness levels; this class is suited for people who enjoy a little bit of everything!

The gentle class is ideal for beginners or those who enjoy a more relaxed pace.

The progressive class is ideal for those comfortable with a faster pace of exercise.

Rejuvenating Yoga (Gentle) RCC

This gentle practice encourages participants to explore poses while increasing their balance, flexibility, and strength. We also begin to develop, through the poses and breathwork, an exploration of releasing emotional blockages. Introduce yourself to the Joyful Practice of Yoga.

Yoga - All Levels RCC and MCC

This class will unite your breath with your body offering a variety of poses accessible to all levels of yoga practitioners. Classes will include building strength in the core, balance in the body, as well as increasing flexibility and range of motion. Options and modifications are offered so the pose can work for you.

Low Impact Cardio and Muscle RDAPC & RCC

This all-levels class provides 20 minutes of continuous cardio followed by 20 minutes of muscle conditioning, core work and balance. We'll finish off with a stretch for a complete total body workout.

The level 1 class is ideal for beginners or those who enjoy a more relaxed pace.

The level 2 class is ideal for those comfortable with a faster pace of exercise.

Fit Hits the Fan RCC (gentle and progressive classes)

This class consists of cardiovascular, balance and strength interval components in five-minute increments. The components alternate - cardio, balance, strength - for the duration of the fifty-minute class. Most of the class is spent standing.

The gentle class is ideal for beginners or those who enjoy a more relaxed pace.

The progressive class is ideal for those comfortable with a faster pace of exercise.

Energizing Yoga (Progressive) RCC

This class will build on the postures from the more gentle practice. Beginner to more advanced variations will be given. Flow sequences will be a little more challenging to help take your practice to the next level, at the same time, increasing your endurance. A flexible body is a more youthful body!



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Alternate formats available upon request.

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Osteo Focused Bone Fitness RDAPC

An Osteoporosis focused class specific to providing strategies and exercises for participants with osteoporosis and participants interested in strengthening the muscles around the spine, body alignment/posture, strength conditioning, and activity movement guidelines for daily active living. Many of the exercises will be on the mat, however, chairs will be available for some modifications.

The Benefits of Bone Fitness RDAPC

Come and enjoy an active training program for health and exercise with BoneFit™. Glen is a BoneFit™ trained exercise professional through Osteoporosis Canada. Great music helps us work through exercises and activities that will improve balance, strength, endurance and posture. Be brave! Join us for the health of it. All exercises can be modified so all can participate.

Abs Core and More RDAPC

This co-ed class will work on improving the overall strength of your upper body, abdominals, buttocks, and legs. During this challenging, fun-to-music class, you will be using your own body weight, bands, tubing, and other exercise equipment, followed by stretching/flexibility and balance. Join us in a safe, friendly, non-competitive atmosphere.

Fab Fit and Fun! RDAPC

Looking for a place to begin your fitness program? Come join our introductory class of Fab, Fit and Fun, You get a little bit of everything - all with great music to keep you moving. This class gives you a variety of exercises to teach the basics of weight training, balance, flexibility and cardiovascular fitness. Work at your own pace with feel good exercises to enhance your health and wellbeing.

Then and Now

Check it out! Here are the former historical Post Offices of Guelph Township!

Did you know that the Township of Guelph/ Eramosa has a volunteer Heritage Committee? The Heritage Committee advises and assists Council on matters related to the conservation of properties of historical or architectural value.

They also help create communications that promote heritage preservation in our community. Check out it! Here are the former historical Post Office of Guelph Township!

Post Offices of former Guelph Township



Ariss - 1908 - present
 Armstrong's Mills - 1876 - 1913
 College View - 1931 - 1936
 Gourock - 1857 - 1913
 Marden - 1859 - 1914
 Mosborough - 1875 - 1923



Post Offices of former Eramosa Township



Eden Mills - 1851 - 2004
 Eramosa - 1839 - 1943
 Everton - 1853 - 1960
 Lampton - 1852 -
 Manfred - 1866 - 1867
 Oustic - 1866 - 1915
 Rockwood - 1853 - present
 Shiloh - 1874 - 1915
 Speedside - 1863 - 1913
 Utoka - 1880 - 1894



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Photo credit: Shari Lovell Photography

Eden Mills Writers' Festival

September 6-8th, 2024

This nationally-acclaimed and widely-respected literary event takes place on the banks of the Eramosa River in the village of Eden Mills. Audiences of several thousand "come for the words" each year to enjoy readings and to visit Publishers' Way where publishers, booksellers, magazine producers and non-profit groups come to showcase their wares.



Strom's Harvest Fun Area

September 18 to October 31, 2024

Enjoy lots of fall family fun at Strom's Farm, located at 5089 Wellington Road 32 in Guelph/Eramosa. The Harvest Fun Area includes corn maze, straw maze, wagon rides, puppet show and pumpkin chuckin'!

Strom's Moonlight Corn Maze

**October 16, 17, 18, 19, 23, 24, 25, 26
6:00pm-9:30pm**

Experience the thrill of Strom's Corn Maze at Night! Bring your flashlight and enjoy a fun, fall night under the stars! Strom's Farm is located at 5089 Wellington Road 32 in Guelph/Eramosa.

Taste Real Fall Rural Romp

September 28, 2024

Celebrate the Fall Harvest by touring over a dozen Wellington County farms and markets on this self-guided tour. Enjoy the hearty eating of real food, the fall harvest and fresh-from-the-farm taste real delights that can be stored and enjoyed all winter long.



We Shall Remember

November 11, 2024

Every year the Township of Guelph/Eramosa acknowledges the courage and sacrifice of those who served their country during times of war, militar conflict, and peace.

On Monday, November 11th, 2024, the Township of Guelph/Eramosa, joined by the Guelph/Eramosa volunteer Fire Department and fellow members of our community, will hold a Remembrance Day Service at the Rockwood Cenotaph, located at the corner of Guelph Street and Highway 7, Rockwood.

All are welcome to join us in paying our respects.

Domestic & exotic meats
Made from scratch baking

FRESH FROM THE FARM

Fruits & vegetables
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www.mosboroughmarket.ca

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(519) 856-2646 Fax
www.rockwoodvet.com

**Rockwood Farmers Parade of Lights
December 12, 2024 at 7:00pm**

Bundle up and enjoy a special night with family and friends in downtown Rockwood! This unique evening Christmas parade is brought to you by the farmers of Rockwood community. Each year farmers decorate their farm equipment and machinery with hundreds of beautiful lights. This unique holiday spectacle is a sight to behold for kids of all ages!



**Ahoy!! – The Ontario Pirate Festival
August 2nd – 4th, 2025 Marden Park, Guelph**

Come visit the pirate village of Dry Bluffs - a glorious day out for the whole family. There's food and ale; merchants and crafters, and more entertainment than you can possibly imagine.



Hillside 2025

July 18-20

Early Bird Weekend Tickets are on sale!

The Hillside Summer Festival and Hillside Inside are three-day, multi-stage events with a broad artistic vision that emphasizes diversity; of culture, of musical heritage and style, of age, geography and influence.

Marathons

June 14/15 and August 30, 2025*

For over 20 years the triathlon races at Guelph Lake Conservation Area have been a popular stop on the triathlon circuit. With a variety of distances and categories available, there



is a race for beginners, experts and everyone in between. Thousands of people with different stories, goals and abilities from across Ontario compete in this fun, family friendly event annually. We would like to thank the residents of the Township of Guelph/Eramosa for their continued support!

*Subject to change

Party in the Park

July 31, 2025

This is a FREE event!

Live Music • Petting Zoo • Face Painting • Bouncy Castles • Axe Throwing • Food Trucks with Licensed Area • Wiener Dog Dash • Local Vendor Market • Fireworks starting approximately 9:45 PM **...AND MORE!**

GET Community Contacts

Sports

Ariss Valley Golf Course519-824-1551
 Eden Mills Nordic edenmillsnordic.blogspot.com
 Guelph Lakes Golf Course.....519-822-4222
 Guelph Nordic Ski Club
 guelph-nordic@hotmail.com
 Guelph Rowing Club
https://guelphrow.wordpress.com
 Royal City Bowmenwww.royalcitybowmen.com
 Rockwood FCwww.rockwoodfc.com
 Rockwood Tennis Club ... www.rockwoodtennis.com
 Rockwood Eramosa Minor Ball Association
remba.president@gmail.com
 Rockwood Basketball Club
rockwoodbasketballclub@gmail.com
 Rockwood 3-Pitch Baseball (Co-Ed)
 ... www.face-book.com/groups/210594309298975

Art/Culture/Club

Dance Classes tammyeckerman@gmail.com
 Scouts/Beavers/Cubs..... www.scouts.ca
 Girl Guide/Brownies www.girlguides.ca
 Rockwood Karate.....519-826-6111
 Order of the bear www.orderofthebear.ca
 Rockwood Lions Club.....519-856-4566
 Wellington 4-H Associationwww.4-hontario.ca

Camps

Camp Brebeufcampbrebeuf.ca
 GRCA – Adventure day Camps.... grca@grandriver.ca
 Rockwood Summer Camp
rockwoodsummercamp@gmail.com
 Rockwood FCwww.rockwoodfc.com
 Sunshine Day Camp
sunshinedaycampguelph@gmail.com

Community Projects

Outdoor Rinks
 http://get.on.ca/living-here/outdoor_rink.aspx
 Cross Creek Park..... 78 Cross Creek Boulevard
 Lloyd Dyer Park..... 209 Balaclava Street, Rockwood
 Max Storey Park .. Dunbar and Ridge Road, Rockwood
 Valentino Park..... Fountain Street, Rockwood
 Eden Mills Park..... 19 Memorial Street, Eden Mills
 David Masson 201 Landrex Boulevard, Rockwood
 James Lynch Park..... 386 Evert Street, Everton

Community Shared Garden:

Ignatius Jesuit Centre https://ignatiusguelph.ca/
 ignatius-farm/community-shared-agriculture/
 Valentino Park..... 121 Fountain Street, Rockwood
 Grace Community Church
 .. guelphtoollibrary.org/grow-community-garden/

Community Recourses

East Wellington Community services... 519.833.9696
 Wellington Library – Rockwood519-856-4851

Schools/childcare/Child Resources

Eramosa Public School519-856-9529
 Harris Mill – English/French Immersion JK – Gr. 5
519-856-0309
 Sacred Heart Catholic Elementary JK – Gr. 8
519-856-1157
 Rockwood Centennial JK- Gr. 8519-856-9556
 Rockwood Nursery School519-856-4486
 Rockwood Early ON Child & Family Centre
519-843-7000
 Eramosa Learning Academy.....519-829-5124

If you would like to have your organization featured in next year's guide, or if your contact information has changed, please email or call clerks@get.on.ca or 519-856-9596 ext. 101.



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- ✓ School Year Programs

***Fall Registration is NOW OPEN**

WINTER

All Registration Opens:

Mon Nov. 25th, 2024 @ 6:30am

(Winter Camp & March Break Camp)

SUMMER

Program Registration Opens:

Mon Feb. 3rd, 2025 @ 6:30am

Camp Registration Opens:

Mon Feb. 10th, 2025 @ 6:30am



Skill Development



Birthday Party & Group Bonding



Sport Camps/Clinics



Learn more at

gryphons.ca/kidsandcamps

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